

# 2017 Arrowhead League Cross Country Awards for the Year

## BOYS

## GIRLS

### Coach of the year:

Tom Colley ~ Sherman Indian

Patrick Williams ~ Hamilton

### Most Valuable Runner:

Deandre John (11) ~ Sherman Indian

Alexia Delgadillo (11) ~ Hamilton

### Sportsmanship:

California Lutheran

California Lutheran

League champions: Sherman Indian

Hamilton & Sherman Indian  
(co-champions)

## Arrowhead 2017 All-League Cross Country

### Boys

#### 1<sup>st</sup> Team All League

Deandre John	Sherman Indian
Jose Ramirez	Hamilton
Lupan Gatewood	Sherman Indian
Smitty Baron	Cal Lutheran
Ivan Freyre	Upland Christian
Angel Cervantes	Hamilton
Orion Cattleman	Sherman Indian

#### 2<sup>nd</sup> Team All League

Alex Isaac	Hamilton
Nate Ornales	Upland Christian
Travis Thompson	Sherman Indian
Ezra Sarmiento	La Sierra Academy
Rodger Martinez	Sherman Indian
Cale Gamache	CSDR
Elias Hamilton	Sherman Indian

### Girls

#### 1<sup>st</sup> Team All League

Alexia Delgadillo	Hamilton
Nuvia Cervantes	Hamilton
Mikayla Mays	Upland Christian
Libby Atene	Sherman Indian
Bethanie Hernandez	Upland Christian
Bethany Heinitz	Cal Lutheran
Kaylynn Lopez	Hamilton

#### 2<sup>nd</sup> Team All League

Stephanie Amaya Briones	Hamilton
Zhanelle Sarmiento	La Sierra Academy
Molly Bauer	Cal Lutheran
Ashley Sanchez	Hamilton
Kendra McIntosh	Sherman Indian
Whitley Hill	Sherman Indian
Carolyn Bauer	Cal Lutheran